## **In Elevators**

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- Before entering, quickly scan the elevator to ensure no one is hiding inside.
- Stand near the controls.
- Exit the elevator if someone suspicious enters; pretend you forgot something and leave.
- If you're attacked, hit the alarm and as many floor buttons as possible.

# **Take Action Today!**

# Help reduce opportunities for street crime in your community

- Ensure that street lighting is adequate and parks, vacant lots and alleys are free of debris and graffiti. Places that look neglected attract criminal activities.
- Try to ensure that teens in your community have a place to expend their energies e.g. a park or recreation area. Get them involved in community activities.



- Get together with your neighbours and start a community protection programme like a Neighbourhood Watch or Apartment Watch.
- Volunteer to escort a friend or neighbour who goes to work or classes at night.
- If you see a crime being committed, call the Police immediately and stay with the victim until they arrive.
- Be supportive and offer to accompany the victim to the Hospital or Police Station. How would you feel if your needed help and no one volunteered?
- Don't delay. After a crime has been committed against you call, or if possible, make the report in person at your district Police Station.

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# Important Contact Numbers:

Police Hotlines – 555; 999; 800-8477 Anti-Corruption Unit – 627-0735 Anti-Kidnapping Unit – 623-6793 Community Policing Secretariat – 622-2568 Firearm Bureau – 625-3924 Fraud Squad – 627-7014 Traffic Branch – 623-7269 Organised Crime Narcotics and Stolen Vehicles – 627-0729

## **For More Information**

#### CONTACT:

Community Policing Secretariat Tel: (868) 622-2568 Fax: (868) 622-1807







# How To Be Streetwise and Safe



**21st Century Police Service** 

# **Be Alert. Take Action Now!**

Knowing how to protect yourself and your loved ones can reduce the opportunity for intruders, theives, muggers, and other criminals to strike.

# **3 Basic Rules**

- STAY ALERT. Keep your mind on your surroundings; who's in front and who's behind you. Don't get distracted. If you're worried about crime, ask a friend to accompany you when you go out.
- COMMUNICATE THE MESSAGE that you're calm, confident, and know where you are going. Stand tall, walk purposefully, and make quick eye contact with people around you.
- TRUST YOUR INSTINCTS. If you feel uncomfortable in a place or situation, leave immediately.



#### Walking

- Plan the safest route to your destination and use it. Choose well-lit busy streets and avoid passing vacant lots, alleys or construction sites. Take the long way if it is the safest.
- Know your neighbourhood. Find out which stores and restaurants stay open late and where the Police and Fire Stations are located.
- Ensure that you know where your children are going when they go out and, encourage them to play with other kids. Show them safe places in the neighbourhood where they can go if they ever feel threatened.
- Carry your purse close to your body and keep a firm grip on it. Carry a wallet in an inside or side trouser pocket, not in a rear trouser pocket.
- Bring 'emergency' cash for taxi fare or a telephone call.
- Have your car and house keys in hand as you approach your vehicle or home.
- If you suspect you are being followed by someone in a car, change direction immediately and make a visible point of writing down the license number.
- Never hitchhike!

### Driving

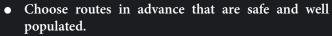
- Keep your vehicle in good working condition to avoid breakdowns.
- Plan your routes in advance, particularly on long or unfamiliar trips. Have enough gas and money to get there and back.

- Drive with car doors locked. Keep windows rolled up whenever possible.
- Never pick up hitch hikers.
- If you see another motorist in trouble, signal that you will get help and then call the Police.
- If your car breaks down, raise the hood and keep your doors locked. When someone stops, ask them to phone for help if you are in doubt.
- Park in well-lit areas that will still be well-lit when you return. Check that your car doors are locked before leaving.
- Be particularly alert and careful when using underground and enclosed parking garages.
- If you are being followed while driving, drive to the nearest Police Station, Fire Station, open gas station, other businesses or well-lit residences where you can safely call the Police. Try to get the vehicle's license number and description. If no safe areas are near, honk the horn repeatedly and turn on your hazard lights.

# **Buses & Maxi Taxis**

- Try to use well-lit and frequently used stops.
- Try to sit near the driver.
- Do not fall asleep. Stay alert!
- While waiting, stand with other people or near the ticket or information booth.
- If you are verbally or physically harassed, attract attention by talking loudly or screaming.
- Be aware of who gets off the bus with you. If you feel uncomfortable, walk directly to a place where there are other people.

## Jogging, Biking & Other Outdoor Activities



- Vary your route and schedule.
- Avoid jogging and cycling at night.
- Know businesses that are open and locations of Police and Fire Stations.
- Consider not wearing your stereo headphones. It's safer to be alert.